

Trudy Tough, Talented

Trudy Hueneke of Roselle was among the top competitors in the recently held winter championships of the American Self-Protection (ASP) Association.

The competition, which included men and women, was held at the Leaning Tower YMCA in Niles.

Trudy, who finished second in the Black Belt I division of Comsek (kicking

form competition), joined Cathy Ross of Downers Grove and Colette Barton of George Williams College (in Downers Grove) as the outstanding female participants in the championships.

American Self-Protection, the newest YMCA sport and fighting art which comprises all facets of fighting, including kickboxing, grappling, and self-defense

sparring, again demonstrated its versatility and increasing popularity with the impressive show in Niles.

Duane Marquardt of Boulder Junction, Wis., was one of the meet's top contestants, demonstrating a brilliant mastery of choke and armlock combinations, with Roger Portner of Darien (Ill.) and Doug Johnston of Skokie close contestants.

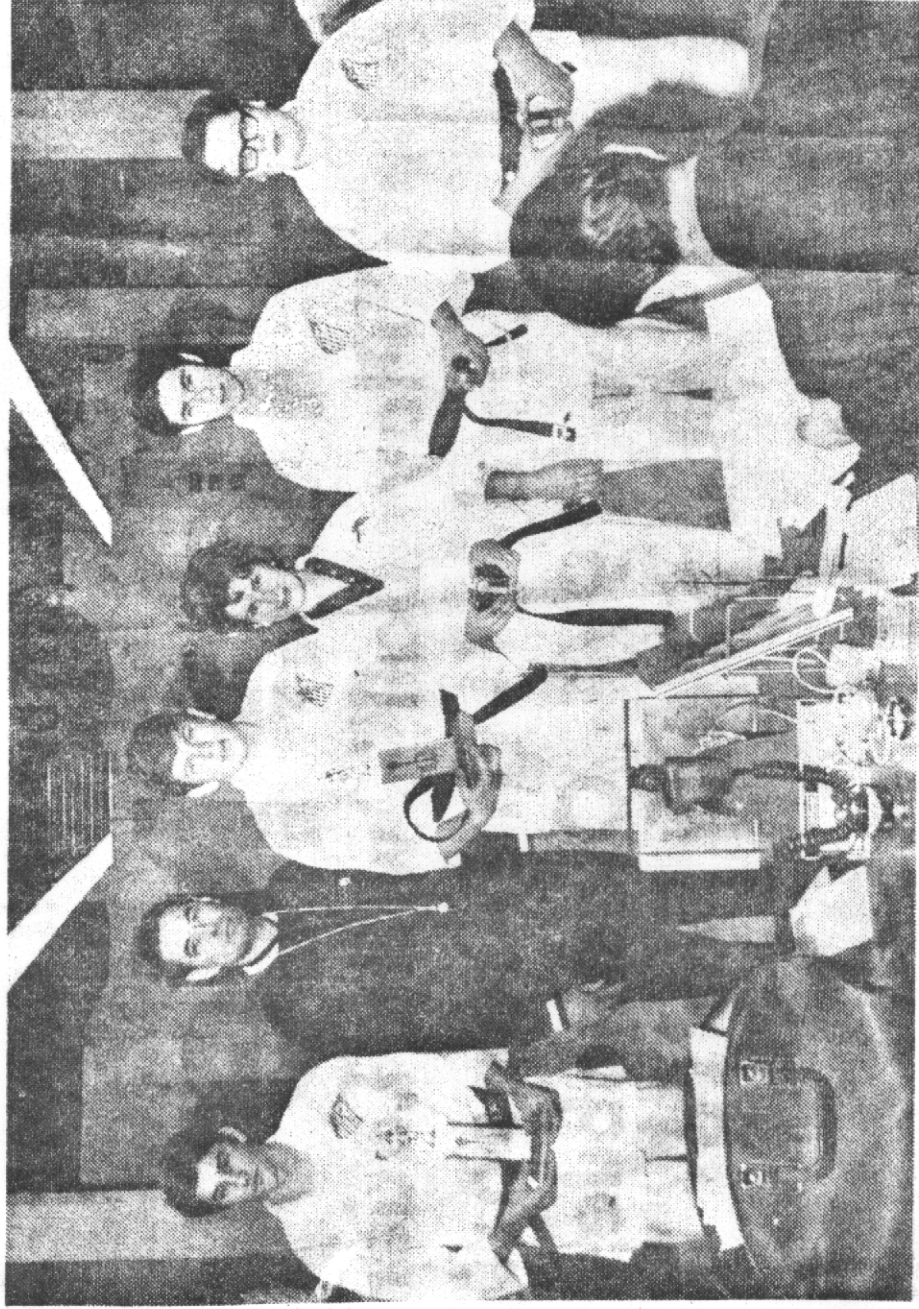
Bill Biewanga of LaGrange Park, lightweight grappling winner, made good use of his speed and suppleness to get behind his opponents and apply efficacious chokes.

The most spectacular matches in kickboxing were those between Marquardt and Jon Olafsson of LaGrange Park, and Jon Hanes against David Donars (both of Downers Grove).

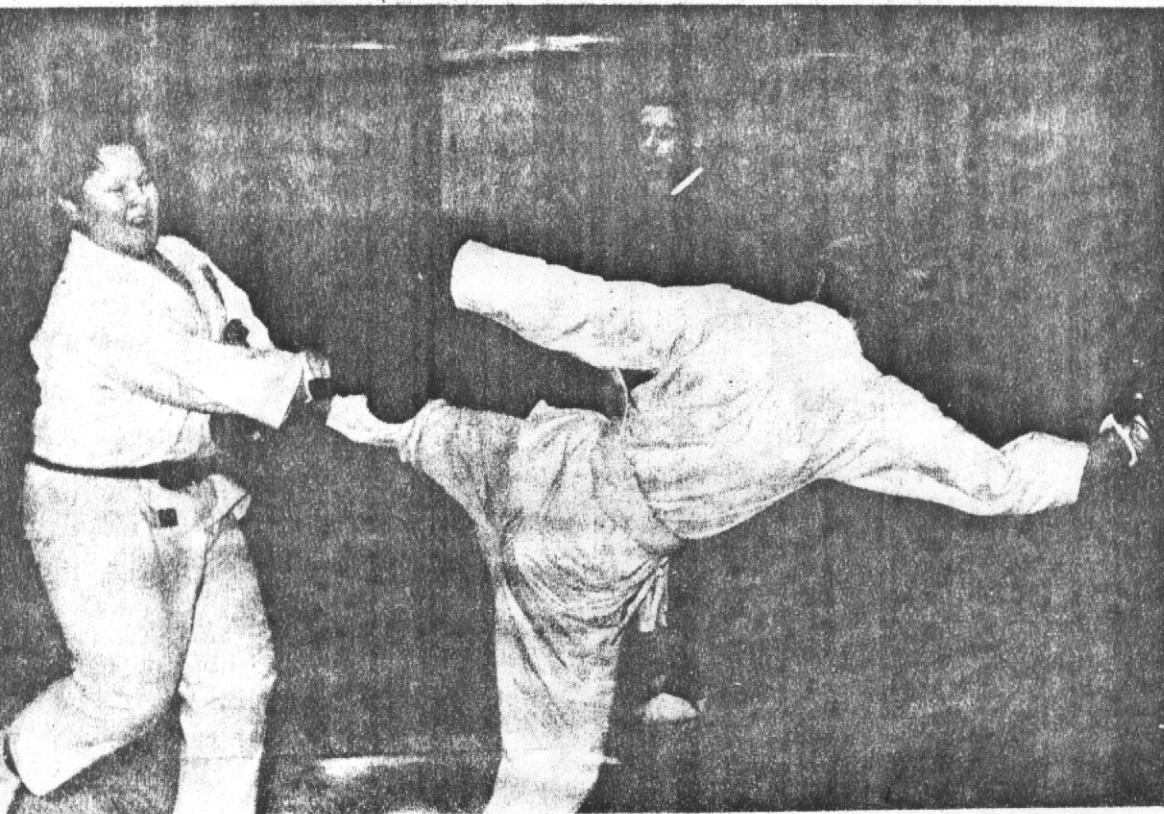
In self-defense competition (technical sparring), Jim Baltazzi of Brookfield made a good showing while Donars and Leaning Tower instructor Dean Rohner of Brookfield and Chuck Joern, Jr., of LaGrange Park demonstrated their mastery of advanced self-defense competition sparring.

In the childrens' division Steve Kazakoff of Clarendon Hills won in grappling and Bill Ross of Downers Grove won the kickboxing event.

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THE WINNERS IN American Self-Defense kicking sequence combination (Comsek) competition (from left to right): Jon Hanes, Dr. Evan S. Baltazzi (originator of ASP), Jon Olafsson, Trudy Hueneke (also an ASP instructor), Tom Covi Jr., and Peter Novy.



Peter Novy, Westchester (left) parrying a circular kick by IAN Roxborough from London, England and Madison Wisconsin during their kick boxing match.

Dr. Evan S. Baltazzi, originator of A.S.P. and referee watches on.